

# 2021 September

## Canal Winchester Senior Citizens, Inc.

Canal Winchester Senior Citizens, Inc • 22 S. Trine Street • Canal Winchester, OH 43110 • (614) 837-8276

### *President's message,*

I hope everyone enjoys whatever you have planned for Labor Day weekend. Please be aware we will be closing back down soon. The Groveport Senior Center has most graciously offered to welcome us at any activities they have scheduled while we are closed. You do not need to join. Just show up and ring the doorbell! Just don't forget to come back when we re-open in our new space. I am looking forward to that! Love and hugs to you all!

Tracy Weiland

### Music in the Park

Music in the Park is a free summer concert series, featuring live entertainment and family-friendly activities at Stradley Place, located next to the city municipal building at 36 S. High Street. Music and activities run from 6 - 9 pm.

**September 24** - Cruise-In Car Show and music by The Gas Pump Jockeys.

Bring a lawn chair and enjoy the tunes!



### Farmers' Market

Fresh vegetables, fruits, herbs, home baked goods and decorative items are available at the Canal Winchester Farmers' Market, now in its 23rd season. It runs Saturday mornings, 9am to noon, through September 25th.

The market has moved to a new larger location at the Canal Winchester Historical Society Complex, at the corner of West Oak and High Street.



### ICE CREAM SOCIAL

CW Historical Complex at 10 W. Oak Street  
Saturday, September 4 ~ 1pm - 3pm

Stop by for FREE ice cream! Get it before they run out!



### A Note from your Center Coordinator

Lunches, trips, volleyball, belly dancing body fitness classes, bingo, euchre, massages, Mexican train dominoes, books & puzzles... Find a reason to stop in and see some friends.

We **may** be closing for the next few months, but a final decision has not yet been determined. Stay tuned!

Linda

### Fabric & Quilt Sale Saturday, September 4



The **Quilters on the Canal** will hold a Fabric and Quilt Sale at the Community Center during the Hometown Day Festival on Saturday September 4th. The sale will be held from **9am to 3pm**.

Come find a deal on fabric, books and some beautiful handiwork. Don't miss it !!

### HOMETOWN DAY Saturday, September 4

Hometown Day hopes to be a fun-filled celebration for the entire community. The event will kick-off with a parade at 10:30am, featuring floats and at least three marching bands. High Street and Stradley Place will be filled with children's activities and food trucks, including Amish Country Donuts, and musical acts such as Frankie & Ranke and The Usual Suspects & Repeat Offenders.

### BOOK SALE

Saturday, September 25 ~ 9am to 1pm

The Canal Winchester Senior Citizens are clearing out some of our bookcases in preparation for the big move to our new location next door. There will be books, puzzles and odds and ends for sale. Come find a deal.

A little birdie said it will be CHEAP, CHEAP!



## Activities at Your Center

### MONDAYS

9:00 - 3:00 Quilting Club

### TUESDAYS

11:30 - 3:00 Lunch & cards (no lunch Sept 14)

### WEDNESDAYS

Massages with Jennifer

9:30 Chair Volleyball

1:00 (1st & 3rd) Painting Pals

1:00 (2nd & 4th) Belly Dancing Body Fitness

### THURSDAYS

Massages with Hillary (2nd & 4th)

### FRIDAYS

Noon - 3:00 (1st Friday) Bingo

11:00 (3rd Friday) Out to Lunch Bunch

12:00 - 3:00 (2nd & 4th Friday) - Euchre

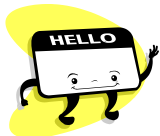
1:00 (2nd & 4th) Mexican Train Dominoes



### Everyday Divinity Foot Care

Make your appointment with Heather  
at 614-716-9919.

Do you have a name badge identifying you as a member of C.W. Senior Citizens? Wearing name badges to activities helps people learn one another's names. Let us know if you would like to order a badge for \$3.



## Weekly Lunches at the Center

Lunch is served Tuesdays at 11:30 a.m. at a cost of \$3.00. You must sign up before noon on Monday to be included in the Tuesday lunch.

There will not be a catered lunch this month. The Red Cross will be here having a Blood Drive.

Thanks to local businesses for sponsoring our lunches.

### SEPTEMBER LUNCH SPONSORS:

September 7 - Medigold ~ Tom Garrick

September 14 - no lunch ~ blood drive

September 21 - Violet Springs

September 28 - Altercare



**No Lunch Meeting**  
**September 14**



## September 21 C.W. Human Services SOUP KITCHEN!!

Lunch is provided by Canal Winchester Human Services. Receive a FREE lunch with a food donation valued at least \$3.

This month's donation request is for **canned beets, poptarts and/or large cans of tuna.**

Without a donation, lunch will be \$3 and the money is donated to the Canal Winchester Food Pantry.



## Happy Grandparents Day! September 12

If you have ever joined us for Tuesday lunch you know that we pray before our meal. This is the prayer we say together:

**Come Lord Jesus, be our guest**

**Let our food to us be blessed**

**And with Thy daily bread impart,**

**Thy love and peace to every heart. Amen**



## Out to Lunch Bunch

**Friday, September 17**

**Milano's Italian Restaurant**

6916 E. Broad St, Columbus

Be at Human Services by **11:00** to ride the van or meet at the restaurant by **11:30**. You are welcome to drive, but please sign up so you can be included in our count.



**THANK YOU TO EVERY ONE WHO SUPPORTED  
C.W. Human Services'**



**"TOOLS FOR SCHOOLS"**

## Happy Birthday

- Sept 3 Sue Sompres, Jackie Himler, Libby Appleton  
 Sept 4 Junita Dyer, Lyn Swinehart  
 Sept 6 Frank Morris, Melanie Boise, Victoria Addington  
 Sept 8 Lynn McDaniel, Ray Stemen, Eleanor Mapes  
 Sept 9 Nancy Morehart, Tom Richards, Charlotte Leight, Trena England  
 Sept 10 David Shaffer  
 Sept 12 Margie Hursey, Jim Jarvis  
 Sept 14 Charlotte Anderson  
 Sept 15 Jerry Draudt  
 Sept 16 David Plummer  
 Sept 17 Barbara Allison, Shirley Adkins  
 Sept 18 Sue Conley, Marie Stevenson  
 Sept 19 Janice Dodson  
 Sept 21 Cindi Lynch, Sally Blackburn  
 Sept 22 Sally Baker  
 Sept 23 Leola Creiglow  
 Sept 27 Nancy Young, Phil Phelps, Carol Middaugh  
 Sept 28 Michael Felkey, Andrew Pelham, Dorothy Baker  
 Sept 29 Jan Fout



## Happy Anniversary

- Sept 2 Walter & Deborah Loy  
 Sept 3 David & Linda Plummer  
 Sept 7 Wayne & Pat Spetnagel  
 Sept 9 Charles & Shari Lorbach  
 Sept 12 Bob & Jackie Himler  
 Sept 14 Don & Pam Reygaert  
 Sept 21 Rich & Debbie Holter  
 Sept 22 Tom & Marie Stevenson  
 Sept 26 Jim & Theresa Jarvis



School is now in session so please watch out for children walking to school and getting on and off school busses!



## Sunshine Report by Linda Bryant or Allena Jordan, Sunshine Committee

Call Linda at 614-824-0391 or the Center at 614-837-8276 if you know of someone who would enjoy a card.



## Painting Pals

**September 1 & 15 ~ 1:00- 4:30**

Are you an artist? Do you like to paint? Let's get together at the Community Center. Bring your paints and a table cover.

## "LADIES LOOKING LOVELY"



(formerly know as the Red Hat Society)

Join this group of lovely ladies as they meet for lunch, laughter and friendship.

**Wednesday, September 15**

**Noon**

**Red Lobster** (Lancaster)

Contact Bev for details at 614-315-8679



## August meeting

### Door Prizes winners

\$25 Kroger Gift Card: **Gary England**

Flowers: **Bernita Ardrey**

Silk flowers: **Pat Preece**

50/50 Winner: **Jewell Edwards**

3 free lunch tickets: **Samantha Fulston,  
Jackie McGraw & Mary Phyllis Bethel**



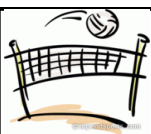
## B-I-N-G-O

**September 3 ~ Noon - 3pm**

**\$2 for 2 cards**

**Brookdale at Lakeview Crossing is providing a free box lunch!** (your RSVP is helpful)

Come for the fun, food and friends! You just might be a winner!



## Chair Volleyball

Volleyball practices are Wednesdays at 9:30. It's a great upper body workout with friendly teammates. New members are always welcome. Just stop in and play. You might just like it. You will definitely get your daily laughs!

## ~ Belly Dancing Body Fitness ~

**September 8 & 22 at 1pm**

Join Kylie from Human Services as she shares her skills in dancing and fitness. The class is low impact and focuses on core, cardio and stretch in a fun dance workout to music. Easy to learn and fun!

Cost of \$1 or more is donated to Human Services Senior Outreach programs. **WOW !!**

## MEXICAN TRAIN DOMINOES

**Fridays, September 10 & 24 at 1 pm**



Join Kathy Dickson as she shows us how to play Mexican Train Dominoes. It's simple to play and lots of fun!

## Senior Massages

Call Jennifer at 740-589-0321 for Wednesday appointments and call Hillary at 740-503-3066 or email [helen-nison@gmail.com](mailto:helen-nison@gmail.com) for appointments on the second and fourth Thursdays of the month.

Take advantage of the **1/2 price senior rate of \$30!** Massages are given in complete privacy in the clinic of the Community Center by licensed massage therapists, Jennifer Boggs and Hillary Tennison.

**WELCOME Hillary!** (She's my niece!)



## Lending Library at the Center

The center has a large number of books which may be borrowed on the honor system. So come and help yourselves! There are also magazines and puzzles which you are welcome to borrow. Just stop by the center.



## An Invitation from Groveport

Canal Winchester Senior Citizens members have been invited to join the Groveport Senior Center! The Canal Winchester Center may be closed for a few months while our new building is being finished. Lisa at Groveport Senior Center has offered the use of their senior center to you!

In October, November and December, you will be able to come to their center without paying a membership fee for the remainder of 2021. You can sign up to take part in their activities or stop in for any of their drop in activities, Monday through Friday from 8:00am to 4:30pm. There is a doorbell on our front door. Just ring and they will come let you in.

Groveport activity calendars are at the Center and you can also find them on their website [www.groveportrec.com](http://www.groveportrec.com).

## Lithopolis Honeyfest

Friday, September 10 ~ 3pm - 7pm

Saturday, September 11 ~ 10am - 7pm

Enjoy live music, food trucks, great art, honey tasting. Meet beekeepers and maybe some friends too. Free admission.

**Bee happy and visit the Honeyfest!**



## Progressive Euchre

**September 10 ~ Noon to 3pm**  
**\$2 per person**

**August 13**

**1st - Pam Raygaert**  
**2nd - Mary Baker**  
**3rd - Patty Bond**  
**Loner - Bev Forson**  
**Booby Prize - Don Raygaert**



**August 27**

**1st - Rich Holt & Dee Lestokowski**  
**2nd - Allena Jordan**  
**3rd - Jackie McGraw**  
**Loner - Joanne Price**  
**Booby Prize - Mary Thurn**



**C.W. Human Services  
Senior Transportation  
614-834-4700**

The Canal Winchester Senior Transportation Program provides a number of FREE services for **Canal Winchester and Lithopolis** residents who are at least 60 years of age and live within the Canal Winchester School District or The Village of **Lithopolis**.



The program includes daily and group transportation. Daily transportation is provided for both medical and personal appointments, with priority given to medical appointments. Group transportation includes trips to local groceries and a variety of Senior Citizens Club activities. To participate, new clients must fill out a client information sheet. Transportation service is curb to curb. If you need assistance, someone may accompany you.

~ ~ Call 834-4700 for your appointment. ~ ~

Appointments must be scheduled at least two working days in advance and appointments must be between 9am and 2pm.

**GROCERY SHOPPING SCHEDULE**

1st, 3rd, 5th MONDAY (12:00) - Meijer

2nd & 4th MONDAY (12:00) - Aldi

1st, 3rd, 5th TUESDAY (12:00) - WalMart

2nd, 4th TUESDAY (12:00) - Kroger

If you would like transportation for these trips, please call 834-4700 at least 2 business days before your requested day.

**CANAL WINCHESTER TRIPS**

The following trips are funded by grants obtained by Canal Winchester Human Services. Checks must be payable to **Canal Winchester Human Services (CWHS)**. Trips are limited to C.W. Senior Citizens members and require at least six people. **PAYMENT is due at sign up!** Trips depart from C.W. Human Services, 80 Covenant Way.

**Velvet Ice Cream tour**

Wednesday, September 15



Video at 11:15am and then time to walk the grounds and shop at their store. Lunch and Ice Cream after. Leave CW Human Services at 10am

**Waiting list**

**It's APPPLE PICKING time !!**

Thursday, September 30

Leave Human Services at 9:30am

Apple picking at Lynd's Fruit Farm then it's off to lunch at Cracker Barrel.



**Waiting list**



**CIRCLEVILLE PUMPKIN SHOW**

**Thursday, October 21**

"The Greatest Free Show on Earth!"

**Leave CW Human Services at 10am.**



**Decorative Arts Center presents Distinctly Paramount  
Tuesday, October 5**

Lunch then docent lead tour the museum ~ \$5

Hollywood costumes and fashions from the Paramount Pictures vault are ready to dazzle visitors. Sketches and quotes from figureheads of the fashion industry decorate the walls, showcasing the creative process. ~ 10:30 am ~ Leave Human Services



**STRAIGHT NO CHASER**

Tuesday, December 21

Enjoy this amazing professional a cappella group at the Palace Theatre. Leave Human Services at 4:30

Dinner (on your own) before the show.

**\$57.50 is due at sign up!**

**2 spots still available.**



**\$12 Donation for Adults**

**\$ 7 Donation for kids, ( 12 and under )**

**Includes salad, garlic bread, and coffee,  
pop or iced tea**

**Benefits Friends for Life Animal Haven**

**Saturday September 18th ~ 4:00pm until 8:00pm**

**Canal Winchester Senior Center**

Carry out meals are available.

## PARTNERSHIP TRIPS

The following trips are offered in partnership with Groveport and Pickerington Senior centers. Often Canal Winchester members will board in Groveport, however occasionally we board in Pickerington. Please pay attention at which Center you will board the bus.

Deposits are due at signup and checks are payable to **Pickerington Senior Center**. Brochures are available.



### IRISH SPLENDOR

**October 13 – 20**

Day 1: Overnight Flight. Day 2: Dublin – visit Christ Church Cathedral, for canapes and cocktails in the cathedral's crypt. Day 3: Sightseeing tour of Dublin.

Day 4: Visit to the Blarney Castle. Day 5: Dingle Peninsula - Killarney. Day 6: Cliffs of Moher – Ennis. Day 7: Ennis – Tullamore – Kingscourt. Day 8:

Tour Ends with great memories of Ireland.

Double **\$3149**, Single \$3549 and Triple \$3119.

### JINGLE JANGLE CHRISTMAS JUBILEE



**November 10**

Have lunch at Salt Fork Lodge, then listen to the sounds of a blend of Christmas, Gospel, and patriotic music. Depart for Dickens Christmas Village.

Visit Ye Old Curiosity Shoppe. Enjoy Dickens scenes all throughout the Victorian Village, which are made of life sized and handmade mannequins wearing vintage clothing. The faces are sculpted and painted by local artists.

Boxed dinner will be served at the Welcome Center. Watch the courthouse come alive in the evening with animated light displays, and thousands of lights which are synchronized to holiday music

**\$140 ~ waiting list**

### ISLANDS OF NEW ENGLAND

**August 12-19, 2022**

**Highlights:** Providence, Newport, choice of options on tour, Block Island, Cranberry Bog, Plymouth Rock, Cape Cod, lobster dinner, Martha's Vineyard, Provincetown, Hyannis, and Nantucket.

Save \$100 if booked by February 12. Double **\$3249**.

## PENNSYLVANIA AMISH HOLIDAY TOUR

**November 16 – 19**

Trip includes: 3 nights at the Heritage Hotel, a guided tour of the Amish countryside, including stops at an Amish Craft Farm and Bake Shop. Visits to Kitchen Kettle Village, Wilbur Chocolates, and free time in Lititz. Enjoy "Winter Wonderland" at the American Music Theatre and "Queen Esther" at Sight & Sound Theatre. Includes 3 breakfasts and 3 dinners. Flyers are available at the Center.

**\$429** with a deposit of **\$100** due on sign up, balance is due by September 28.

## THIS 'N' THAT!

### Ohio Senior Health Insurance Information Program (OSHIP)

Do you need help navigating the Medicare Advantage plans, Medigap policies and drug plans? Ohio Department of Insurance offers free health insurance information and counseling.

**Call the hotline at 1-800-686-1578.**



### Honor Flight

Flights for Veterans Take Off Again.

The mission of Honor Flight Columbus is to honor America's senior Veterans with a trip to Washington D.C. to visit our nation's memorials, to help them share their stories, and to celebrate and affirm their service and homecoming. It is a free, one day trip to Arlington National Cemetery, the World War II, Korean and Vietnam Memorials, as well as other sites.

Any Veteran with active duty prior to May 7, 1975 is eligible. For information go to [Honorflightcmh.org](http://Honorflightcmh.org) or contact Marion Breidenbach at 614-837-9744.

Are you 55+ and looking for a way to share your time and talents? Do you live in the Franklin County area? Are you interested in finding a volunteer opportunity?



The **Retired & Senior Volunteer Program (RSVP)** of VANTAGE Aging connects older adults with local nonprofits in need of volunteers. This volunteer matching service is free. Contact RSVP Manager, Leah Santalucia at (614) 674-4201.

# September

## Canal Winchester Community Senior Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Massages 9:30 volleyball 1:30 Painting Pals 7:00 Art Guild	<b>2</b> Court	<b>3</b> Noon-3:00 Bingo <b>box lunch</b> from Brookdale	<b>4</b> Hometown Day 10-3 Quilters sale
<b>5</b>	<b>6</b> <b>CLOSED</b> <b>Labor Day</b> (9-3:00 Quilting only)	<b>7</b> 11:30 Lunch Sponsor - <b>Tom Garrick - Medi-gold</b>	<b>8</b> Massages 9:30 volleyball 1:00 Belly Dancing Body Fitness	<b>9</b> Massages with Hillary 7:00 VFW	<b>10</b> 9-11 VFW Noon-3:00 Progressive Euchre 1-3 Mexican Train Dominoes	<b>11</b> 9-2 Rented
<b>12</b> Happy Grandparents Day!	<b>13</b> 9-3:00 Quilting 10:00 Senior Board meeting	<b>14</b> Red Cross Blood Drive <b>NO LUNCH</b>	<b>15</b> Massages 9:30 volleyball 1:30 Painting Pals	<b>16</b> Court	<b>17</b> 11:00 "Out to Lunch Bunch"	<b>18</b> Friends for Life Animal Haven Spay-ghetti dinner
<b>19</b>	<b>20</b> 9-3:00 Quilting	<b>21</b> Soup kitchen 11:30 Lunch Sponsor - <b>Violet Springs</b>	<b>22</b> Massages 9:30 volleyball 1:00 Belly Dancing Body Fitness	<b>23</b> Massages with Hillary	<b>24</b> 9:00 Set up for book sale NO Euchre 😞	<b>25</b> 9-1 Book Sale
<b>26</b>	<b>27</b> 9-3:00 Quilting	<b>28</b> 11:30 Lunch Sponsor - <b>Alter-care</b>	<b>29</b> Massages 9:30 volleyball	<b>30</b>		

Canal Winchester Senior Citizens, Inc.  
22 S. Trine Street  
Canal Winchester, OH 43110  
614-837-8276

PRSRT STD  
U.S. POSTAGE PAID  
PERMIT NO 9003  
COLUMBUS, OH

Dated Material Enclosed  
Please deliver promptly

### 2021 - 2022 Officers

President - Tracy Weiland  
Vice President - Judy Phelps  
Secretary - Beverly Boyce  
Treasurer - Kathy Dickson  
Trustee - Jeanne Johnston (3rd Year)  
Trustee - Theresa Stewart (2nd Year)  
Trustee - Martha Cox (1st Year)

Frances Steube Community/Senior Center  
22 S. Trine Street  
Canal Winchester, OH 43110  
614-837-8276  
Hours: 8:30 a.m. - 4:30 p.m.

*Linda Tennison - Community Center Coordinator*

### SHRED it Day

Saturday, September 25 ~ 9am to 1pm

D W A Y N E R.  
**SPENCE**  
FUNERAL HOME

650 W. Waterloo St., C.W.

**FREE** Community Event. Paper Documents Shredded by *Royal Document Destruction*. **FREE** recycling on most electronics by *TRD Recyclers* – TVs have a charge of \$1.00 per screen inch, and \$3.00 for a monitor. *Canal Winchester Food Pantry* will collect non-perishable food items. *The Lions Club* will be collecting used eyeglasses as well as plastic grocery bags. *St. Vincent de Paul Society* will be collecting clothing & household items.